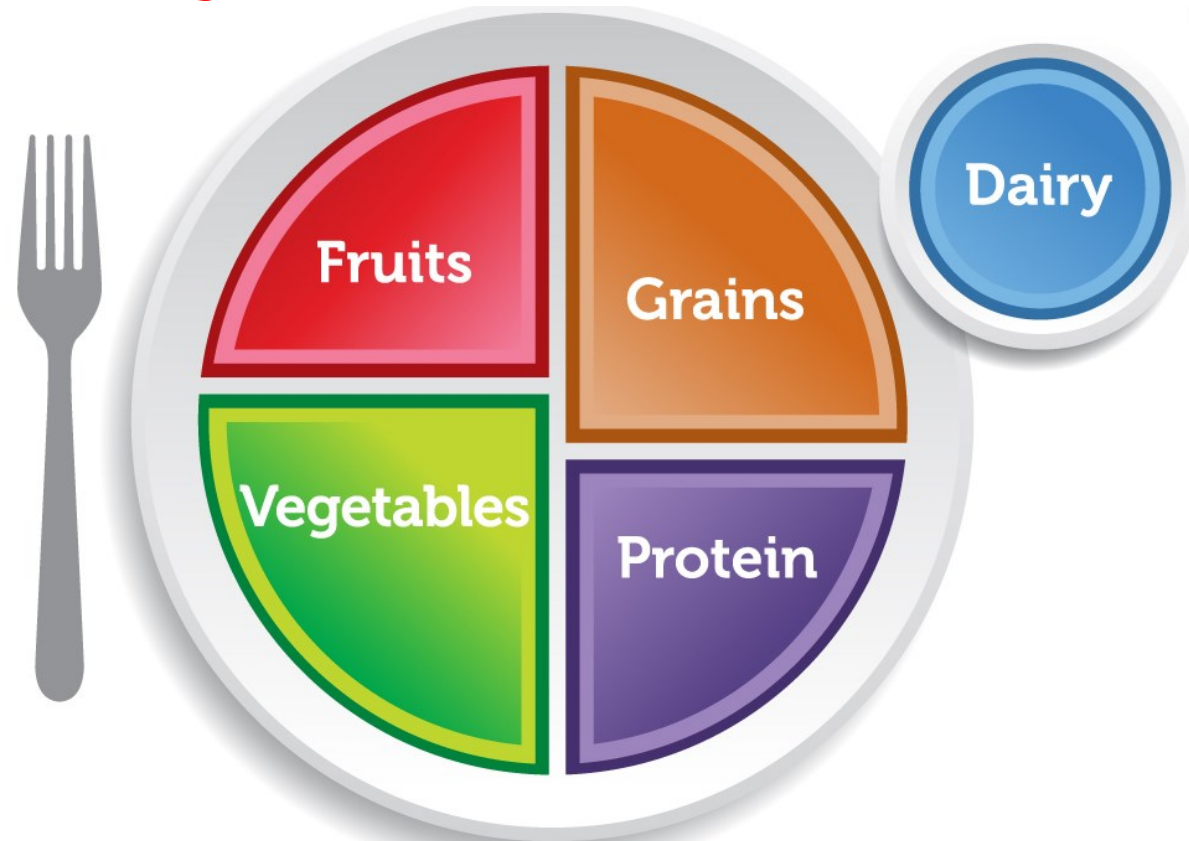


# Build a Healthy Breakfast

YOU get to pick 3 food items!



Your plate must include:

Fruits

and/or

Veggies