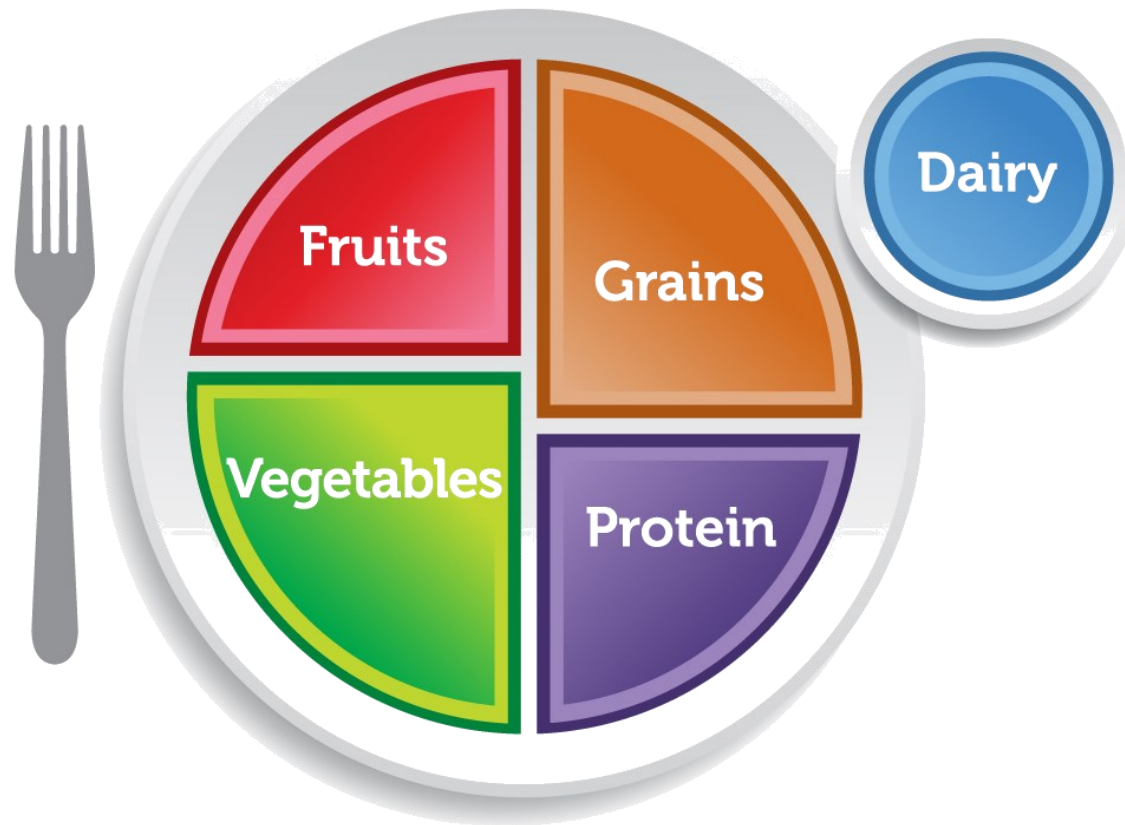


Build a Healthy Lunch

YOU get to pick 3-5 food groups!



Your plate must include:

Fruits

and/or

Veggies